



BENEFITS OF CRT:

- Positive communication
- Peaceful resolution
- Emotional responsibility
- Develops trust
- Team esteem

CROSSWINDS CRITICAL AND RESPONSIBLE THINKING PROGRAM (CRT)

What was I thinking?

How many times have you responded too quickly to a message or made a hasty decision only to find that you needed to correct yourself later because you didn't think it all the way through? It happens to even the best workers, but having to backtrack and fix these kinds of avoidable mistakes costs you more than your pride—it is a waste of valuable time. Critical and Responsible Thinking skills are not only valuable in the business world but in your personal life as well.

Our Program

The CRT program consists of Interactive Classes for Employees. Specifically designed for employees, this is a fourteen-lesson program teaching different attitudes or "Myths" that foster irresponsible thinking in the workplace. Participants are taught appropriate responses based on "Truths" that can be used to make responsible choices, resulting in employees moving toward the company's mission, developing team concepts through cognitive efforts, increasing employee motivation and lastly, mobilizing work-place culture. CRT teaches participants how to make healthy decisions, which can then be applied to a variety of areas in their lives. Participants learn about the thought patterns that underlie many problems they face—and are challenged to develop new ideas about how they can achieve their goals.

Customized Program

Choosing from a variety of topics, the courses can be customized to the unique needs of your particular group.



CROSSWINDS

Employee Assistance
Program