



HELP YOUR TEAM BUILD:

- Trust
- Confidence
- Communication
- Self-respect
- Creativity
- Excitement
- Focus
- Drive
- Connection

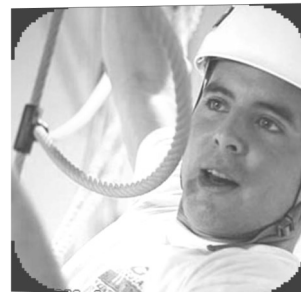
# CROSSWINDS TEAM BUILDING

At **Crosswinds**, we offer a variety of experiential programs tailored to your group's specific needs. With proper guidance from our expert facilitators, your team will learn, grow, and bond in ways that are not possible in everyday situations.

Your team will get to know each other through a variety of activities. This will help your team learn to work together to achieve common goals under challenging circumstances. After each element, the group will be challenged to evaluate all aspects of the experience. This is the core of experiential team building. Sharing an intense positive experience with others produces an emotional bond and increases levels of trust and respect.

## High Ropes Course Indoor Challenge -

Using harnesses, helmets, cables, ropes and wooden beams strung in the rafters of our Pierceton Woods Academy gymnasium, teams explore risk-taking, trust and coaching. Each moment is rich with discoveries, whether you're climbing or encouraging.



## Low Ropes Outdoor Challenge -

Using cables, ropes and wooden beams strung among trees, teams explore risk taking, leadership and communication. The low ropes course adventure also highlights problem-solving, coaching and collaboration. Participants gradually expand their comfort zones (sometimes dramatically) and recognize fears that may block personal and professional achievement. Each challenge draws upon team members to actively support each other.



Your group's specific **goals and objectives** are foremost in developing your team's planned activities. Our facilitators are trained to give instruction when needed but also to let participants figure things out on their own. Visiting our Ropes Course is about more than just having fun, it is about

participants being encouraged to go one step farther than they think they can go!

CROSSWINDS

Employee Assistance  
Program